

LIST OF STROKE CLUBS.
Season 2015-2016.

1. ID. (14) ASHFORD & ST.PETER'S HOSPITAL GROUP.
THE TALK GROUP.
ASHFORD & ST. PETER'S HOSPITAL,
EDUCATION DEPT ROOM 3,
LONDON ROAD,
ASHFORD.
SURREY
TW15 3AA
HOSP: CO-ORDINATOR SUSAN - 0784 884 488.
TRICIA GOLDING:(LEADER OF GROUP) 01932 350 881.
TRG@TALKSURREY.ORG.
(M25 - 10 MINS, THEN A3 15MINS TO GUILDFORD. IF TRAVELLING
TO GUILDFORD 'TALK' GROUP ON SAME DAY, IT IS 35 TO 40
MINS DRIVE)
TUES/10.15 TIL 12.
CONTACT: MARIANNE HERNE -
MARIANNEHERNE@ENABLEASSESSMENT.CO.UK- 01784 436648 OR
07980 681 552.
2. ID. (32). BIRMINGHAM. SOLIHULL.
WWW.STARANDGARTER.ORG
ROYAL STAR & GARTER HOMES,
TUDOR COPPICE,
MONKSPATH HALL ROAD,
SOLIHULL, WEST MIDLANDS, B91 3DE.
ANNETTE STOCKHAM TEL: 0121 711 6334
CONTACT: ANNETTESTOCKHAM@STARANDGARTER.ORG
1ST MONDAY OF EACH MONTH 11.30 TIL 12.45.

3. ID. (3) BURGESS HILL.
THE GATEWAY BAPTIST CHURCH,
STATION ROAD,
BURGESS HILL, (NR HAYWARDS HEATH.)
RH15 9EQ.
BERYL EDWARDS. 01444 241068.
MONDAYS/2PM/40MINS.

4. ID. (6). CHEVERTON LODGE.
HANNAH QUANSAH: 020 7281 7040.
CHEVERTON@BARCHESTER.COM
CHEVERTON LODGE NURSING HOME.
30A CHEVERTON ROAD,
N19 3AY.
TUES & WEDS, DAY & TIME IS ARRANGED AS WE GO/OCCASIONAL/
11.AM FOR 45MINS. TUESDAYS ANY TIME & WEDS AM ONLY.
READING TIMES VARY!

5. ID. (47) COLLINGWOOD COURT.
Nelson Row,
SW12 8AW.
Contact: Ines Raposo. Tel: 0207 627 1400 or 07583 843 429.

6. ID. (7) CRAWLEY STROKE CLUB? (COMMUNICATION GROUP)
WWW.STROKE.ORG.UK
THE STROKE ASSOCIATION MID-DOWNS REGION.
MAIDENBOWER COMMUNITY CENTRE (ROOMS 14 AND 16),
HARVEST ROAD,
CRAWLEY,
RH1 07A.
HELEN SIMMONDS: 01444 248942 OR 0208 847 421OR,
MOB: 07799 436 014.

HELEN.SIMMONDS@STROKE.ORG.UK
OCCASIONAL/THURS/10.30AM

7. ID. (11) CUCKFIELD STROKE CLUB (ASPHASIA SUPPORT GROUP)

QUEEN'S HALL, HIGH STREET, CUCKFIELD, WEST SUSSEX, RH17 5EL.

(GROUP MEET ONCE A MONTH,)

CONTACT: CAROLYN & PAUL DODD DODDCP@YAHOO.CO.UK? (VOLUNTEERS)

OCCASIONAL/WED/10.30AM

HELEN SIMMONDS DETAILS AS ABOVE....

8. ID (8) DIFFERENT STROKES

YMCA 112, GREAT RUSSELL ST, WC1B 3NQ..

JEFFY WONG: 020 7924 9775 OR 07914 804974 OR 35,

ATHERFOLD ROAD, SW9 9LM.

WONGJEFFY@GMAIL.COM

1 PER MONTH/SATS/3.30-4.30PM

9. ID. (9) DIFFERENT STROKES - BEXLEY HEATH.

THE DANSON YOUTH AND COMMUNITY CENTRE,

BRAMPTON ROAD,

BEXLEYHEATH,

DA7 4EZ.

JIM CURRIE: 020 8300 6642 GEEGEEJIM@HOTMAIL.COM

OCCASIONAL/WED/3PM.

10. ID (10) WEST EALING STROKE CLUB (WEST)

WWW.STROKE.ORG.UK

ST. JOHN'S CHURCH, MATTOCK LANE, WEST EALING.W13 9LA.

VALERIE & JOHN HILLMAN: 0208 868 5941

JOHNHILLMAN76@HOTMAIL.COM

EVERY 3RD MONDAY IN THE MONTH/11.15AM

11. ID. (4) EAST CROYDON STROKE CLUB

WWW.CROYDONSTROKESUPPORT.CO.UK

CLARE PERRY 0208 763 0199 07717 275842.

CLARE.PERRY@STROKE.ORG.UK

ELIZABETH COURT, 1.THE AVENUE, EAST CROYDON SURREY CRO
5PA.

OCCASIONAL/THURS/10.30/11AM

12. ID. (2) EAST HAM STROKE CLUB ASPHASIA GROUP.

THE FROUND COMMUNITY CENTRE,

1. TORRONT ROAD, MANOR PARK. E12.

(ENTRANCE ON ROMFORD RD.)

ANNETTE DANIEL-SMITH 020 8531 3833

ROGERANNETTE@BTINTERNET.COM

OCCASIONAL/WEDS/10.30.

13. ID.(13) EAST MOLESEY STROKE CLUB

TESSA DAY: 020 8979 3788.

SECRETARY@ROYALCAMBRIDGEHOME.ORG

ROYAL CAMBRIDGE RESIDENTIAL HOME, 82 - 84. HURST ROAD,
EAST MOLESEY, KT8 9AH.

3RD WED IN THE MONTH/10.30.

14. ID (1) ESHER DISTRICT STROKE CLUB.

ASSOCIATED WITH THE STROKE ASSOCIATION & AGE CONCERN

ANN (POLLOCK): 020 8398 6132. * ANN DOESN'T USE EMAIL *

(ANN ALSO WANTS US TO USE HER FIRST NAME ONLY.)

49, HILLCREST GDNS, ESHER, SURREY, KT10 OBU.

UNDERSTUDY.. SARAH LIDELL.

15. ID. (12) ELTHAM STROKE GROUP. (GREENWICH.)

ELLEN SHERIDAN - 020 8697 1636 OR 07983 706285.

ELLEN.SHERIDAN@STROKE.ORG.UK BRUCE EDGAR.(RUNS THE
GROUP) 020 8319 0082. MOB: 0771 993 1467.

BRUCE.EDGAR@BTINTERNET.COM

THE TORRINGTON ROOM, ST. MARY'S COMMUNITY COMPLEX,
180 ELTHAM HIGH STREET, ELTHAM. SE9 1BJ.

TUESDAYS OR WEDNESDAYS/OCCASIONAL/11.15AM FOR 45MINS.

MAIN READER: SOPHIA TIERENS, JULIET PREW AND BARBARA
WILSHERE.

16. ID (15). FAIRACRES STROKE CLUB. 164, EAST END ROAD,
FINCHLEY, N2 ORR.

WWW.JEWISHCARE.ORG

MARGO GRENSON 020 8349 9328 OR 0791 0519 712. (ROS &
LESLEY.)

2 PER MONTH/TUES/11.30.

17. ID. (16). GUILDFORD ONE.

WWW.TALKSURREY.ORG.UK

THE TALK GROUP, ST. CATHERINE'S VILLAGE HALL, CHESTNUT
AVENUE, (OFF A3100) GUILDFORD.

OCCASIONAL/TUES/10.15AM.

ANGELA MEDINA: 01483 578 831. MOB: 07940 803 304.

A.MEDIN13@YAHOO.CO.UK

18. ID. (17) GUILDFORD TWO.

WWW.TALKSURREY.ORG.UK

THE TALK GROUP.(OLDER GROUP) ST. CATHERINE'S VILLAGE
HALL, CHESTNUT AVENUE, GUILDFORD. GU2 4DW

OCCASIONAL/TUES/1.40PM

ANGELA MEDINA: 01483 578 830. MOB: 07940 803 304.

A.MEDINA13@YAHOO.CO.UK

IDBCHIME@HOTMAIL.COM

19. ID. (38) TRILLINGTON HOUSE. FULHAM.

TRILLINGTON HOUSE CARE HOME. (MOVING ON GROUP)
241UXBRIDGE ROAD, (JUNCTION OF ASKEW ROAD - BUS 207)
FULHAM BROADWAY. W12 9DL
FRIDAYS 11.30
CONTACT: SONIA TIMLETT - 0207 385 6246 OR 07540 513 292 OR
SONIA.TIMLETT@STROKE.ORG.UK

20. ID. (18). COMPTON HOUSE (HAYWARDS HEATH) .

COMPTON HOUSE CHRISTIAN NURSING HOME,
40 COMPTON ROAD, LINDFIELD, WEST SUSSEX, RH16 2JZ.
NOEMI BODIS - NOEMI@LCCHOME.CO.UK
OCCASIONAL/TUES/3PM

21. ID. (19). THE RAINBOW STROKE CLUB HAYWARDS HEATH

.
THE TOWN HALL, 40 BOLTRO ROAD, HAYWARDS HEATH, RH16
1BA
JOAN ALSTON 01444 484716
FLAT 11 LITTLECOTE HOUSE, 28 COMPTON ROAD LINDFIELD RH16
2JZ
(FREE PARKING ROUND BACK, TELL RECEPTION ON ARRIVAL.)
MONDAYS 10.15-ISH. TIL-11.30.

22. ID. (20) HIGH BARNET STROKE CLUB

SYLVIA SUGAR: 01923 852 817 (NOT ON EMAIL)
THE WESLEY STROKE GROUP,
THE WESLEY HALL, STAPYLTON ROAD, BARNET. EN5 4JJ
OCCASIONAL/THURS/10.30
CONTACT: GWEN 0208 449 4802
EASY CHEAP PARKING IN SAINSBURY'S SUPERMARKET.

23. ID. (21) HOUNSLOW STROKE CLUB.

BETTY MORGAN: 020 8230 5701.

ST PAUL'S CHURCH ST PAUL'S ROAD
BRENTFORD, MIDDLESEX TW8 0PN

(WEST MIDDLESEX HOSPITAL & THE STROKE ASSOCIATION REFER
PATIENTS.)

1 PER MONTH/WEDS/10.30

24. ID. (22) KNAPHILL. ('TALK' WOKING AREA)

THE VYNE COMMUNITY CENTRE, BROADWAY, KNAPHILL, GU21
2SP.

LYN HUGHES. HUGHES-S@SKY.COM

(A CUL DE SAC. SMALL CAR PARK, PLUS FREE PUBLIC CAR PARK)

BEN PARKER: 01483 743558 OR 01483 764382.

BEN.PARKER576@BTINTERNET.COM

THURSDAYS/10.15 TIL 12PM/4 PER YEAR.(INTERACTIVE AS POS')

25. ID. (23) LADY SARAH COHEN.

LADY SARAH COHEN HOUSE, ASHER LOFTUS WAY, COLNEY HATCH
LANE, N11 3ND. (TEL: 020 8920 4400.)

FORTNIGHTLY/MON/1.15PM

26. ID (24) TOPAZ.

VENUE ASPIRE WELLBEING,

1PARK HALL ROAD, WEST DULWICH, SE21 8EH.

ESTHER LINTON 07791 854 860 (ESTHER@TOPAZ.UK.NET

27. ID (25) LEWISHAM STROKE CLUB

BARRY AND GILL: 07786 151 535 OR 07900 961 450.

BARRY19482004@AOL.COM

LEEDS COURT, ORFORD ROAD, CATFORD, SE6. (NEAREST
OVERGROUND STATION BELLINGHAM.)

OCCASIONAL/WEDS/10.30.

ON STREET FREE PARKING.

28. ID. (26) MANOR GARDENS STROKE CLUB

6-9 MANOR GARDENS, HOLLOWAY ROAD, N7 6LA.

KATH BIRKETT: 0207 561 5269

KATH@MANORGARDENSCENTRE.ORG

FORTNIGHTLY/TUES/11.30 START.

29. ID.(27). MARY SEACOLE HOUSE.

24, INVERMEAD CLOSE, HAMMERSMITH, W6 0HQ.

DORIS DEIGHAM: 020 8735 6410.

WEDS/OCCASIONAL/10.30AM OR 1.30PM

30. ID (43) MERTON

ALL SAINTS CENTRE, 44 ALL SAINTS ROAD, WIMBLEDON SW19
1BX .

START 11 - 12.15 AM. (GOOD PARKING IF NEEDED)

CONTACT: LUCY HAYES.5, DURRELL WAY, SHEPPERTON,
MIDDLESEX, TW17 8HR.

MOB: 07507 400 296.

31. ID. (28). NEWHAM STROKE CLUB?

(STROKE CLUB WITHIN A HOSPITAL.)

NEWHAM UNIVERSITY HOSPITAL NHS TRUST,

ST ANDREW'S WING "NOSTALGIA ROOM",

GLEN ROAD, PLAISTOW, E13 8SL. OR

MARY POINTER:020 7363 8158

OCCASIONAL/WEDS/11AM/2PM TIL3PM..

"COMPANION HOSPITAL" TO EAST HAM STROKE CLUB.

32. ID. (29). ORPINGTON STROKE CLUB.

THE LINK STROKE CLUB, CHRIST CHURCH, CHARTERHOUSE RD,
ORPINGTON, BR6 9ET.

INVOICE : JUDITH EADE, 248 HASTINGS ROAD, BROMLEY, BR2 8QP

CONTACT: SUE PRIME

CHAIR: BARBARA ZISSELL 01689 855 716. ZISSELL@AOL.COM
VOLUNTEERS LEAGUE OF FRIENDS OF ORPINGTON HOSPITAL.
VERY OCCASIONAL/MON/12.45

33. ID. (31) ROYAL STAR & GARTER HOMES.

UPPER BRIGHTON ROAD (A243), SURBITON. KT6 6JY

TEL: 0208 439 8075.

HEATHER ROBINSON: HOME PHONE: 01962 714 41?

HEATHER.ROBINSON@STARANDGARTER.ORG

MONDAYS/11.30 PARKING FREE

34. ID. (33) SOUTH ISLINGTON STROKE CLUB.

(WWW.STROKE.ORG.UK)

ST. MARY'S NEIGHBOURHOOD CENTRE, UPPER STREET, N1 1TX.

KATHLEEN READ: 020 7607 0755

1 PER MONTH/THURS/1PM

35. ID. (34) ST ALBAN'S AND HARPENDON STROKE CLUB.

CHRIST CHURCH, HIGH OAKS, ST. ALBAN'S, HERTS AL3 6DJ.(
GOOD PARKING)

JOYCE GOODING: 01727 856 962 JOY.GOODING@GOOGLEMAIL.COM

OCCASIONAL/TUES/10.30

36. ID.(35) ST DAVID'S NURSING HOME **FOR EX-SERVICE MEN & WOMEN.**

12 CASTLEBAR HILL, EALING, W5 1SE. KIM DAVIS: 020 8566
8921. KIMDAVIS17@HOTMAIL.COM

SANDRA 0208 997 5121 & JANE McCAULEY.

FORTNIGHTLY/MON OR TUES/SOMETIMES 11AM SOMETIMES 2PM.

37. ID. (36) ST LUKE'S STROKE CLUB.

ST LUKE'S DAY CENTRE, THE MARGARET BAKER ROOM,

90. CENTRAL STREET, EC1 V 8AJ

JEM: 020 7549 8181.

KATH BIRKETT & KATIE CLARKE : 0207 549 8181 OR 0207 549
8175.

FORTNIGHTLY/WEDS/11AM? 1.15START. (IN DINING ROOM)
LAST TUESDAY IN EACH MONTH.

38. ID.(37) SUDBURY STROKE CLUB.

(WWW.SUCCESSAFTERSTROKE.ORG.UK)

THE STEVENSON CENTRE, STEVENSON APPROACH, GREAT
CARNARD,

SUDBURY, SUFFOLK, CO10 0WD.

MARION BAGNALL : 01473 822 328.

OCCASIONAL/TUES/10.30AM

39. ID (44). SUTTON GROUP (WALLINGTON)

HOLY TRINITY CENTRE, MALDON ROAD, WALLINGTON, SURREY
SM6 8BL.

START: 11.15 - 12.50. GOOD PARKING.

CONTACT; LUCY HAYES:01932 246 143 MOB:07507 400 296.

40. ID.(39). UXBRIDGE STROKE CLUB. (HILLINGDON AND REISLIP.)

BAILEY HALL, CHRISTCHURCH, REDFORD WAY, UXBRIDGE UB8
1SZ.

(GOOD PARKING AT VENUE.) TEL: 07515 596 959.

JACKIE GUYETT: 0751 559 6959.

CAROLINE HUMPHREY: 01895 431 146 OR 07515 596 459?

CAROLINE.HUMPHREY@STROKE.ORG.UK?

10.30 TIL 12PM./ OCCASIONAL/

41. ID.(46). THE BOILER HOUSE. (COMMUNITY CENTRE)

CAZENOVE ROAD,

GEORGE DOWNING ESTATE,

STOKE NEWINGTON, N16 6BE.

CONTACT: LAURA PRIKKEN. LAURAPRIKKEN@TLCCARE.ORG.UK

42. ID. (40). WALTHAM FOREST STROKE SUPPORT GROUP

THE LOUNGE OF LONGFIELD HOUSE, 25. NETLEY ROAD, WALTHAM FOREST,

(JUST OFF SELBOURNE RD) E17 7PZ.

(SOME PARKING, OR USE SAINSBURY'S CAR PARK, 5 MINS AWAY.)
FREE 2 HRS.)

CONTACTS: VIV BLANE OR PAT: 0208 534 1125. SUSAN HOUSTON:
0208 5995 495

OR 07903 344 756.

OCCASIONAL/THURS/2PM

43. ID. (41) WALTON ON THAMES WWW.TALKSURREY.ORG

THE TALK GROUP.

JAN HUDSON. JANHUDSON@TALKTALK.COM TEL: 01372 457 501
OR,

SUSAN HOUSTON. INFO@TALKSURREY.ORG.UK MOB: 01784 420
371.

WALTON DAY CENTRE, MANOR ROAD, WALTON-ON-THAMES.
OCCASIONAL/MON/1.45 TO 3.45PM.

44. ID.(10). WEST EALING.

ST. JOHN'S CHURCH, MATTOCK LANE, WEST EALING, W13 9LA.

JOHNHILLMAN76@HOTMAIL.COM

READINGS 3RD MONDAY OF EACH MONTH.

45. ID WEST DULWICH (TOPAZ GROUP.)

Aspire Wellbeing.

1.Park HillRoad, West Dulwich, SE21 8EH.

Contact: Ester Linton Tel:07791 854 860